

Long Term PE Planning-Robert Mellors Primary Academy

YEAR 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Skills to be Taught	Improve Fitness/Basic skills	Rhythm Gymnastic skills	Running and Jumping Skills	Throwing and Catching Skills	Team Games: Striking and Fielding	Team Games: Net/Wall
Areas which cover those skills	LEAP book-yr1 Circuits Zumba	Dance Gymnastics	Athletics (sprint/middle distance) Long jump/triple/speed bounce/skipping/basketball/netball	Netball Basketball Handball Rounders Cricket Rugby	Rounders Cricket Softball/baseball Golf	Tennis Badminton Table Tennis

YEAR 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Skills to be Taught	Improve Fitness/Basic skills	Rhythm Gymnastic skills	Running and Jumping Skills	Throwing and Catching Skills	Team Games: Striking and Fielding	Team Games: Net/Wall
Areas which cover those skills	LEAP book-yr1 Circuits Zumba	Dance Gymnastics	Athletics (sprint/middle distance) Long jump/triple/speed bounce/skipping/basketball/netball	Netball Basketball Handball Rounders Cricket Rugby	Rounders Cricket Softball/baseball Golf	Tennis Badminton Table Tennis