



Dear Parent/Carer

RE: NSPCC's *Speak out. Stay safe.* online programme

Next week, we will be participating in the **NSPCC's *Speak out. Stay safe.* online** programme. This consists of an online assembly and supporting classroom based activities. *Speak out. Stay safe.* aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website www.nspcc.org.uk/speakout or you can contact school and we will be happy to answer any questions you may have.

Adapted assembly for home use

Should you wish to continue this learning at home, you can access an adapted version of the assembly here: www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety. There are also some resources that can be used to enable further discussion whilst doing activities with your children. These can be found on the NSPCC website: www.nspcc.org.uk/activities.

Childline Under 12's Website

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Talking PANTS with your children

Talk PANTS is a simple conversation to help keep your child safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but valuable rule that can help keep your child safe. You can find out more and download the free resources at www.nspcc.org.uk/pants.

Yours sincerely,

Mrs Huskinson

