



# ROBERT MELLORS PRIMARY ACADEMY

Bonington Drive, Arnold,  
Nottingham  
NG5 7EX  
Tele: 0115 8408068  
Fax: 0115 8408708

Head Teacher: Mrs E Essex  
Email: [office@robertmellors.org.uk](mailto:office@robertmellors.org.uk)

Sunday 17<sup>th</sup> July

Dear parents/carers,

Another Sunday brings another reminder about sun and heat safety.

You will all be aware of the emergency status that is in place for parts of the country, including the Midlands, in relation to the high temperatures that are forecast for Monday and Tuesday.

I have been putting in place a risk assessment in relation to this and would like to ask you to ensure the following;

- Your child is wearing loose/comfortable clothing – your child may choose to wear their PE kit. Children should not be wearing any 'strappy' tops or those which reveal tummies. Sandals/flip-flops are not suitable for school.
- Your child has a refillable water bottle in school with them (you might want to fill it this evening and put it in the fridge overnight).
- Your child has sun protection cream on them in the morning – at least SPF 30.
- Your child wears a cap/sunhat (sunglasses are also recommended).

We will be taking the following precautions at school to mitigate risks of illness or injuries to children or staff as a result of the heat and sun.

- Classroom windows will be opened first thing (before the children arrive at school) and blinds/curtains closed. This will help to keep classrooms cool.
- Children will have access to water throughout the day – they will be encouraged to take regular drinks.
- Children will have their playtimes inside.
- Children in F2 may use the shaded outdoor area only if they are wearing a hat. Outdoor sessions will be time-limited
- Learning will be adapted
- PE activities will not take place
- Assemblies in the hall will not take place
- Children will only be outside in the sun if they are travelling from one part of the school to another e.g. to the dining room at lunchtime

Staff have received information regarding the signs and symptoms of heat-related illnesses and how to treat these if they are suspected. Adults will be monitoring children and one-another carefully and will contact you if there are any concerns.

We recognise that the temperatures may become uncomfortable over the next two days and will do everything that we can to support your children while they are in school.

Best (and warm) regards

Mrs Essex

