

Robert Mellors Primary Academy PSHRE Overview 2022-23

Colours refer to the three strands of PSHRE as outlined in the statutory RSE guidance.

Relationships	Health and wellbeing	Living in the wider world
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Ag 2-3</b>	How can we join in at nursery?		How can we become more independent?		How can we communicate our feelings?	
<b>Ag 3-4</b>	What is sharing?	What makes us special?	What would we like to learn to do?	What happens to our body when we exercise?	Who are our families?	How have we changed since we were babies?
<b>F2</b>	What are our likes and dislikes?	What are we good at?	What do we do if we find something difficult?	Why is exercise important to our body?	What do we like about our friends?	What do we need to do to keep happy and healthy?
<b>Year 1</b>	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
<b>Year 2</b>	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
<b>Year 3</b>	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
<b>Year 4</b>	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
<b>Year 5</b>	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
<b>Year 6</b>	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	