

# SPRING/SUMMER 2023

## WEEK 1

WEEK COMMENCING

20 February, 13 March,  
3 April, 24 April, 15 May,  
5 June, 26 June, 17 July,  
7 August, 28 August



Vegetarian meals are available upon request

### MAIN MEAL

### DESSERT

MONDAY

Cheese & tomato pizza  
roast new potatoes  
carrot sticks  
& sweetcorn

Milk Gluten



Fruit flapjack  
OR  
Fruit

Gluten



TUESDAY

Chicken fajitas  
diced potatoes  
crunchy vegetables

Gluten



Strawberry ice-cream tub  
OR  
Fruit

Milk



WEDNESDAY

Spaghetti Bolognese  
garlic bread  
carrot & cucumber sticks

Milk Gluten Soya Fish



Marble slice  
& custard  
OR  
Fruit

Gluten Milk



THURSDAY

Nottinghamshire sausages  
gravy, Yorkshire pudding  
mashed potatoes  
cabbage & carrots

Milk Egg Gluten Sulphur Dioxide



Fruit salad  
OR  
Fruit



FRIDAY

MSC fish fingers  
tomato ketchup  
diced potatoes  
garden peas & sweetcorn

Gluten Fish



Ginger cookie  
OR  
Fruit

Gluten



**ALSO SERVED DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served.

[www.nottinghamshire.gov.uk/schoolmeals](http://www.nottinghamshire.gov.uk/schoolmeals)



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# SPRING/SUMMER 2023

## WEEK 2

WEEK COMMENCING

27 February, 20 March,  
10 April, 1 May, 22 May,  
12 June, 3 July, 24 July  
14 August



Vegetarian meals are available upon request

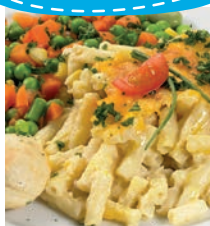
MAIN MEAL

DESSERT

MONDAY

Vegetable mac 'n' cheese  
garlic bread  
crunchy vegetables

Milk Soya Gluten



Chocolate mousse  
& apple wedge  
OR  
Fruit

Milk



TUESDAY

Beefburger in a bun  
jacket wedges  
carrot sticks  
ranch salad

Egg Gluten Milk Soya Sesame



Jelly & fruit  
OR  
Fruit



WEDNESDAY

Cheese & tomato quiche  
roast new potatoes  
carrot sticks  
coleslaw

Gluten Milk Egg



Strawberry ice-cream tub  
OR  
Fruit

Milk



THURSDAY

Roast gammon & gravy  
roast new potatoes  
sliced carrots  
green cabbage



Cornflake tart  
& custard  
OR  
Fruit

Gluten Sulphur Dioxide Milk



FRIDAY

MSC Fish cake  
jacket wedges  
garden peas & sweetcorn  
tomato ketchup

Gluten Milk Fish Mustard



Chocolate brownie  
OR  
Fruit

Gluten



**ALSO SERVED DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served.

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# SPRING/SUMMER 2023

## WEEK 3

WEEK COMMENCING

6 March, 27 March,  
17 April, 8 May, 29 May,  
19 June, 10 July, 31 July  
21 August



Vegetarian meals are available upon request

### MAIN MEAL

### DESSERT

MONDAY

Quorn vegan dippers  
roast new potatoes  
sweetcorn  
cucumber sticks

Gluten



Scone with jam & cream  
**OR**  
Fruit

Gluten Sulphur Dioxide Milk



TUESDAY

Chilli beef with soft taco rice  
sweetcorn  
cucumber sticks

Gluten Milk



Chocolate & orange cookie  
**OR**  
Fruit

Gluten



WEDNESDAY

Chicken pasta  
garlic bread  
carrot & cucumber sticks

Soya Gluten Milk



Strawberry slice  
& pink custard  
**OR**  
Fruit

Milk Gluten



THURSDAY

Roast pork, stuffing & gravy  
mashed potatoes  
roast potatoes  
carrots & green cabbage

Gluten



Butterscotch tart  
**OR**  
Fruit

Milk Gluten



FRIDAY

MSC fish fingers  
oven chips  
garden peas & sweetcorn  
tomato ketchup

Gluten Fish



Frozen yoghurt  
& ice cream wafers  
**OR**  
Fruit

Milk Gluten Soya



**ALSO SERVED DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served.

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