**Web:** [www.lecn.co.uk](https://lecn.co.uk/)

**Twitter:** [@LifeEdFamLearn](https://twitter.com/lifeedfamlearn)

**Facebook:** [@LifeEdFamLearn](https://www.facebook.com/FamilyLearning-with-LECN-102869155281761)

- INSERT NAME -

- CLASS NAME -

- INSERT NAME -

- INSERT EMAIL -

- INSERT TELEPHONE -

- INSERT NAME -

If you would like to come and join **Cyber Heroes**, please return this completed slip to your child’s class teacher:

Please provide us with your email so we can send you course information.

* Making short films and / or digital cartoons together to advertise and encourage others to be Cyber Heroes.

**A CELEBRATION!**

What is online bullying and how to protect yourself.

12.10.23

05.10.23

What is online bullying and how to protect yourself.

* How to help children recognise it and defend themselves.
* How to be a Cyber Hero!
* How to help children resist using bullying behaviour.
* How to support their friends who are being bullied.
* What is self-esteem?
* Discover the reality of online images.
* Develop and “I can” attitude.

21.09.23

28.09.23

Building children’s confidence and self-esteem on and offline.

* Good communication skills.
* The 3 Cs of good internet use.
* Online opportunities and risks.
* Exploring useful sites together.
* Setting boundaries.

What skills are needed to be a CYBER HERO!

**Come join us at Robert Mellors on Thursdays at 9am**

Setting parental

controls and how to

report bad things on

the internet.

**“Great workshop, I learned a lot about**

**safety on the internet. Lots of good info, which I**

**didn’t know before.”**

Protect you and

your children from

online bullying,

and other risks.

**HAVE FUN!**

Learn some

video making

skills with your

child.

Help your

children make

wise choices on

the internet.

Build children’s

confidence, both

online and in

real life.