



Friday 11<sup>th</sup> October 2024

Dear Parents/Carers,

This term, we will be beginning our Sex and Relationships lessons. We follow the Christopher Winter scheme of work which has been specifically developed to support the teaching of SRE to children and ensures that **all learning is age appropriate**. If your child is in a mixed age class, they will only be taught the content that is relevant for their chronological age group (e.g. Y3 and Y4 children who are in the same class, will be split up for this learning.)

**The following units and sessions are taught in each year group. Each bullet point gives the heading of one of the lessons that the children will be taught throughout the year.**

<b>F2</b>	<b>Family and Friendship</b> <ul style="list-style-type: none"><li>• Caring friendships</li><li>• Being kind</li><li>• Families</li></ul>
<b>Yr 1</b>	<b>Growing and caring for ourselves</b> <ul style="list-style-type: none"><li>• Different friends</li><li>• Growing and Changing</li><li>• Families and Care</li></ul>
<b>Yr 2</b>	<b>Differences</b> <ul style="list-style-type: none"><li>• Differences</li><li>• Male and Female Animals</li><li>• Naming Body Parts</li></ul>
<b>Yr 3</b>	<b>Valuing differences and keeping safe</b> <ul style="list-style-type: none"><li>• Body Differences</li><li>• Personal Space</li><li>• Help and Support</li></ul>
<b>Yr 4</b>	<b>Growing up</b> <ul style="list-style-type: none"><li>• Changes</li><li>• What is Puberty?</li><li>• Healthy Relationships</li></ul>
<b>Yr 5</b>	<b>Puberty</b> <ul style="list-style-type: none"><li>• Talking about Puberty</li><li>• The Reproductive System</li><li>• Help and Support</li></ul>
<b>Yr 6</b>	<b>Puberty, relationships and reproduction</b> <ul style="list-style-type: none"><li>• Puberty and Reproduction</li><li>• Communication in Relationships</li><li>• Families, Conception and Pregnancy</li><li>• Online Relationships</li></ul>

We will be teaching the SRE to all children in designated weeks throughout the year. This teaching and learning will happen in the weeks beginning;

- 4<sup>th</sup> November 2024
- 24<sup>th</sup> February 2025
- 2<sup>nd</sup> June 2025

Parents have the right to withdraw the children from aspects of sex education **which are not part of the science curriculum**. If this is something that you are considering, we would ask you to contact school by Wednesday 16<sup>th</sup> October so that you can discuss this with your child's class teacher. We will be able to share with you further information about the specific content of the lessons that the children will be taught. If, following this conversation, you wish to withdraw your child from non-statutory aspects of learning, you will be required to put your request into writing for our school records.

If you have any further questions, please contact school and someone will discuss them with you.

Best wishes,

Mrs Essex