



ROBERT MELLORS PRIMARY ACADEMY

This policy has been adapted from our school Anti-Bullying policy. Children were consulted on the content of the policy and their own views and ideas gathered during Anti-Bullying week have been included throughout.

Anti-Bullying Policy for Children

At Robert Mellors Primary Academy, we want everyone to feel happy, safe, and cared for. Our school is a respectful and kind place where we can all learn and grow together, and we do not accept any bullying. We are here to help if you ever feel hurt or worries.

Our Make a Difference values and school rules are in place to help our school to be a safe and happy place for everyone to be.

Our School Rules	Our Make a Difference Values
Be in the right place at the right time	Focus
Look after the things we use and share	Respect
Use kind and respectful words	Resilience
Be the best you can be	Responsibility
Keep ourselves and others safe	Compassion
	Teamwork

What is bullying?

Bullying is when someone hurts another person on purpose, more than once. This can happen in many ways:

- **Physical:** Hitting, kicking, or pushing.
- **Verbal:** Name-calling, teasing, or saying mean things.
- **Emotional:** Leaving someone out, spreading rumours, or being mean in secret.
- **Online:** Sending nasty messages or pictures on the internet.
- **Other:** Picking on someone because of their skin colour, religion, abilities, or how they look.

Bullying can take place anywhere including:

- In the classroom/dining room/toilets
- On the playground or field
- On the way to and from school

Bullying is unfair. It can make people feel:

- Upset
- Angry

- Not good enough
- Unwanted
- Lonely

What is not bullying?

Sometimes friends argue or fall out. This is called a **relational conflict** and is different from bullying. It usually happens only once, and people are sorry afterward. If this happens, we can help you talk things through and make friends again.

Examples of relational conflict include:

- Arguing over what to play
- Not sharing
- Someone sitting where you would like to sit at lunchtime
- Arguing over things that we like or dislike – for example, which football team is the best

What should I do if I see or experience bullying?

Tell a trusted adult.

This could be:

- Your teacher
- A teaching assistant
- The headteacher (Mrs. Essex)
- A lunchtime supervisor
- Someone who works in the office
- Someone at home (who will tell someone at school)

You will be listened to and supported, and make sure the bullying stops.

Be an upstander not a bystander:

- If you see someone being bullied, tell an adult right away.
- Be kind and include others who are feeling left out.

What will the school do?

When you tell us about bullying, we will:

- Talk to everyone involved to find out what happened.
- Help fix the problem so everyone feels safe again.
- Make sure the bullying doesn't happen anymore.
- Support everyone involved, including bystanders.

- Let grown ups at home know what has happened.

What do we do at school to help us understand about bullying and how it affects people?

We learn about being kind and respectful through:

- **Anti-Bullying Week** and fun activities.
- **Safer Internet Day** to teach us how to stay safe online.
- Lessons about friendships and respecting others – PSHRE, RE, SRE
- Assemblies that celebrate our Make a Difference Values
- Learning about **Protected Characteristics** and **British Values**

Our school also has books, toys, and posters that celebrate everyone's differences.

Who helps keep us safe?

- **Mrs. Essex** (Headteacher) – She leads our anti-bullying team.
- **Mrs. Clark** (Deputy Safeguarding Lead) and **Mrs. Parr** (Safeguarding Officer) – They make sure everyone is safe.
- **Mrs. Vasudevan** (Governor) – She helps the school with anti-bullying ideas.
- **All of the grown ups in school who work together to keep everyone safe.**

Remember: You are not alone. If you need help, we are always here for you! Together, we can make our school a happy and safe place for everyone.